



Message from the President

What a year we've walked through! If you're anything like me, you may be feeling a mixture of exhaustion and anticipation as we head toward the end of the year. In a time typically focused on gifts and goals and get-togethers, what is the most meaningful gift you can give yourself this season? Perhaps it's simply time to rest, recharge, and regroup. Despite everything else that happened in 2020 - or, perhaps BECAUSE of everything else that happened - let's make December the most wonderful time of year.

Thank you for all you give to your clients, to our community, and to the world!

Warm regards,
Carissa Gay, MCC

2020



Did you miss the Town Hall yesterday? [Watch the reply](#) and subscribe to our YouTube Channel.



2019 Chapter Achievement Award

Our chapter was honored by ICF Global with the 2019 Chapter Achievement for our accomplishments in growing membership and increasing the visibility of coaching in San Antonio! Thank you for contributing to our success!



ACMP Texas and ICF Texas Partnership Grows

Our partnership between the Association of Change Management Professionals (ACMP) Texas, ICF San Antonio, and ICF Greater Austin continues to expand! ICF Houston will be joining the partnership in 2021!

This partnership has garnered incredible turnout including over 60 attendees from our chapter alone and over 100 professional coaches and professional change management leaders throughout Texas!

If you missed the series on "Uncovering the Unconscious Bias" subscribe to our YouTube Video and watch the entire series!

August - [How Bias Interferes with Change with Patricia Grimsley and Eddie Turner](#)

October - [Managing Your Own Bias with Dr. Yulia Cannon](#)

September - [How do You Manage the Unconscious Bias with Dr. Dorinda Rolle](#)

November - [How to be the Change with Kelly Johnson](#)

First Binational ICF Mexico-USA

On November 16 with round tables in English and in Spanish. The purpose was to create a space for coaches to network, learn from each other, share ideas, collaborate, and make new friends.

Professional coaches with different backgrounds and areas of specialization representing the US, Mexico, and other Latin American countries engaged in rich conversations to share their experiences, challenges, and topics of inquiry.

[A private Facebook group](#) was created for participants to continue the conversations. All ICF San Antonio members are welcome to join even if they weren't able to attend the event.

Examples of topics discussed at the event include:

- How can we help clients without crossing the line between coaching and therapy?
- What is the future of coaching? Beyond helping clients reach their maximum potential, we have to deepen coaching to a philosophical, psychological, and sociological level.
- Share real practices where we have ran into issues or where we did not obtain the results we expected. What can we learn from those experiences?
- Coaches are exposed to difficult situations. How can we vent and manage our emotional load?
- Collaborate as coaches to support Mexican individuals and families navigate the cultural transition when they move to the US as well as Americans who move to Mexico
- Position and educate the community on what coaching is and its value.

We look forward to repeating this experience in 2021.

NEW MEMBERSHIP PROGRAM: Peer Coaching

Thirty-nine ICF San Antonio members who opted for "peer coaching" at the time they renewed their membership will now have an opportunity to strengthen their coaching skills through peer coaching. Peer coaching is an excellent opportunity to learn different coaching tools and styles, gain experience, earn paid coaching hours, and get to know each another at a deeper level.

To opt-in to Peer Coaching log in and [edit your profile](#) by checking "Peer Coaching" in your settings. ***Please complete this by December.***

More details to follow in an email. The program is very simple:

- Find a coach on our ICF San Antonio membership list
- Discuss dates, times, and number of sessions to be provided
- Commit to quality coaching
- If appropriate, document sessions as paid sessions for credentialing purposes

We look forward to starting this new program to enhance your professional coaching skills.

Welcome New Board Members!

Please help us welcome our newest members to the ICF San Antonio Board:

[Roger Hall - Director of Military Partnerships](#)

Roger enlisted in the Air Force in 1982 and joined the Army as a Chaplain after receiving his MDivBL at Southwestern Baptist Theological Seminary in 1996. He retired from the Army as a clinically trained Hospital Chaplain in 2010 and began working as a civilian for US Army Medical Command managing the Resiliency Program for medical providers in Korea. Today he manages the largest resiliency program for the Air Force as the Community Support Coordinator- Joint Base San Antonio; where he started their Life Coaching Program that has expanded to over 45 Life Coaches trained since its conception in December 2019.

[Terri Wright - Treasurer](#)

Terri began her auditing career right after Sarbanes Oxley where she was the lead auditor on one of Enron's audits while they were in litigation. She was also lead auditor for numerous NASA contractors. She then became the Chief of Accounting and a Resource Management Flight Chief at Laughlin Air Force Base where she developed and implemented controls while setting an effective tone to always do the right thing while being their best. Terri then went on to Homeland Security Investigations where she helped keep our country safe in working high-profile money laundering investigations as well as worksite enforcement and investigations. Her credentials include; MBA, Certified Fraud Examiner, Certified Defense Financial Manager, Certified Anti-Money Laundering Specialist, Certified Regulatory Vendor Program Manager, Certified Professional Life Coach, Associate Certified Coach.



Community Outreach

"Investing in Our Community"

Our chapter continues to work diligently to promote professional coaching in our community and develop partnerships to support the growth of our coaches as we give back to the community. Here is the latest updates on our 100 Days, 100 Coaching Sessions. The demand for pro-bono coaching during this campaign is CAREER GROWTH! We are grateful to acquire new coaches and add 32 ICF San Antonio member coaches to help us coach our community!



Learn more click on the button below.

100 Coaching Sessions

Military Partnerships:

- **Stand Beside Them** - Are you interested in supporting our Military Veterans? Sign up [here](#).
 - **Joint Base San Antonio** - 47 personnel at JBSA have now received coach training and are using their coaching skills to support our military servicemen and women. We look forward to supporting the growth of coaching among our military. We continue to develop our partnership with Joint Base San Antonio by launching a special military membership rate. Anyone who has been in the service can join our chapter to hone their professional coaching skills and connect with professional coaches! Sign up here to [join](#).
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Welcome Our New Members This Quarter!

October and November

- [Dawn Cruz](#), DMC Coaching & Consulting, LLC
- [Vicki Silvas](#), Healthier in Nature
- [Sandi Slough](#), Professional Coach
- [Darlene Taylor](#), Joint Base San Antonio

Please reach out to our new members on our [SLACK channel](#)! We are so grateful for your contributions and support!

Upcoming Events

No events scheduled for **Coach Connect**, **Southeast Webinar Series**, and

Monthly Programming. Did you miss the last Coach Connect, subscribe to our [YouTube Channel](#) and catch up on our Coaching Content and subscribe to our [SoundCloud](#) channel!

ACMP Texas and ICF Partnership

- [Celebrating our Partnership with ACMP Professionals.](#) A happy hour between change management and coaching professionals.
 - December 17, 2020 – 6:00 - 7:30 PM CST
 - CCEUs: 1 Core Competency
 - [Register](#)

All Texas Retreat and Conference

- [Coaching Demonstration & Debrief](#)
 - December 8, 2020 – 2:30-3:30pm CST
 - CCEUs: 1 Core Competency
 - [Register](#)
 - ***** Please remember to check your confirmation email once you register to retrieve the webinar Zoom link.***

Check out all of our events on our [calendar](#).

Sponsorship & Advertising

Looking to grow your business, advertise with us and build the mission as an advocate to advance professional coaching while building your brand! Stay tuned for more details. For now, check out the opportunities:

- [Sponsor 100 Days - 100 Coaching Sessions](#)
 - For advertising opportunities, send an email to contact@icfsa.org.
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DROP US A MESSAGE ON SLACK!

ICF San Antonio has created a Slack Channel for our community of coaches! Communicating in real time through direct messaging to accelerate dialogue - it is our commitment to stay engaged and grow our chapters' success!



Join ICF SA Slack Channel

Share Your Knowledge

Take the stage and share how you are using your coaching methods to impact lives, personally and professionally. [Apply to speak](#) at one of ICF SA's upcoming events.

Be Visible: Update Your ICF Coach Profile

As a member, your coaching business will be listed and seen by individuals and organizations that are looking for your coaching skills! Don't forget to add your headshot! Get started [here!](#)

Missed the last Newsletter?

No worries! We got you! [Check them out here](#)

Grow Your Professional Coaching Brand!

Join

COVID-19

Follow Us and Join the Conversation!



ICF San Antonio Chapter, PO Box 780243, San Antonio, Texas 78278

[Unsubscribe](#)

Send free email today

