

## San Antonio Coaches,

Thank you to everyone who made International Coaching Week such a rousing success!

On May 2nd we had the largest event in the chapter's history with a sell out crowd participating in **"The People Part of Change Management."** The expert panel shared practical insights on how leaders create the environment that enables people to thrive.

That same week attendees at **"Change. For Good."** described it as "the most impactful training they had ever experienced." Change happened before our eyes in a live coaching session. We look forward to offering more events like this with hands-on application of coaching.

Join us in deepening your coaching skills and advancing the mission of the International Coach Federation:

***"Coaching is an integral part of a thriving society and every ICF coach represents the highest quality of professional coaching."***

### **Carissa Gay**

*President, ICF San Antonio*



*ICF SA Board: Jessica Smith-Perry, Director of Programming, Aurora Geis, Director of Marketing, James Beeman, Past President, Carissa Gay, President and Susanna Clavello, Secretary (not pictured Cynthia Ford)*

## The People Part of Change Management

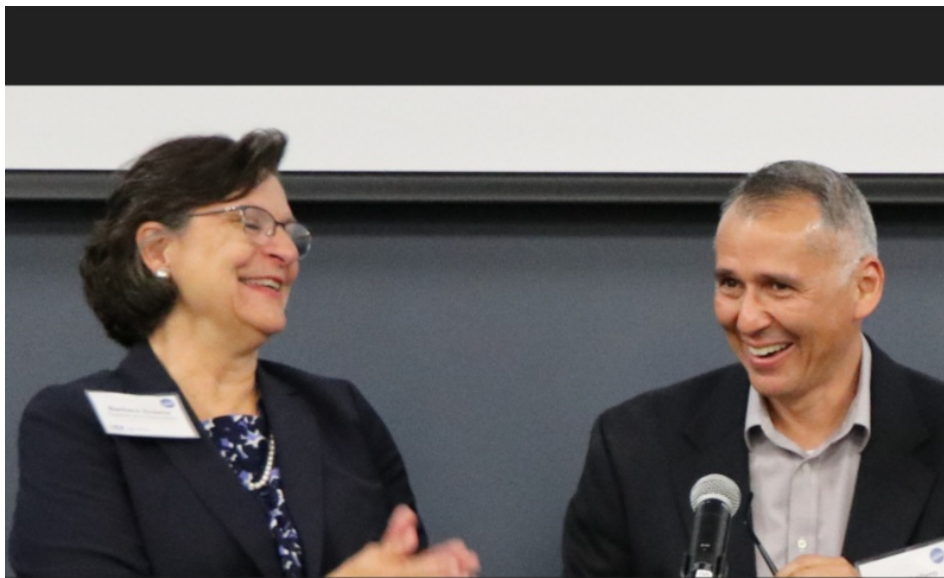
# ICF San Antonio

## THE PEOPLE PART OF CHANGE



**Panelists:** Lisa Lewis, CPS Energy, Patricia Grimsley, USAA, Carissa Gay, ICF San Antonio, Barbara A. F. Greene, Greene and Associates, Sam Caballero, CCC Group,

The panelists shared how we can help people see "change does not happen to you; it happens for you." Barbara A. F. Greene reminded us, "Joy is a key ingredient as we go through change. Finding the good in the circumstances accelerates change." Check out our [Facebook page](#) for other quotes and nuggets from the conversation!



"Joy is a key ingredient as we go through change."  
*Barbara A. F. Greene*

# June Learning Event



Carissa Gay, PCC

**atd** SAN ANTONIO CHAPTER  
Association for  
Talent Development

presents

**Maximizing  
Coaching in  
Organizations**

on

June 19th 11:00 - 1:00 PM

in collaboration with

**CCE**  
CENTER FOR  
COACHING EXCELLENCE

**ICF** San Antonio  
International Coach Federation Chapter



Mary Verstraete, PCC

Join us on **June 19th** at the University of Phoenix as **Mary Verstraete**, President of [Center for Coaching Excellence](#) and **Carissa Gay**, President of ICFSA facilitate an interactive training on maximizing coaching in organizations. Learn about the purposes of coaching and how to set up effective coaching in an organization.

[Register for June 19th](#)

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## Learning from a Legend

Motivational Speaker, Keynote Speaker & Author, **Sonny Melendrez** spoke at ICF San Antonio's "**Change. For Good.**" workshop event at Hallmark University! He left the audience with great tools for a personal reset.

Here are Sonny Melendrez's 5 practices for change:

1. Suspend judgement.
2. Be present.
3. Be deliberately optimistic.
4. Tell stories.
5. Lead by example.



**Pictured:** Jessica Smith Perry, Phil Bohlender, Susanna Clavello, Edward Macdonald, Brittany Barden, Aurora Geis, Sonny Melendrez, Carissa Gay, James Beeman, Janet Bonnin.



## May 22nd ICF SA Learning Event @Launch SA

Sonny Melendrez once again set the stage on how the greats of our time used perseverance, preparation, faith, priorities, curiosity and giving back, to manage the wave of change!

Sonny Melendrez with Aurora Geis, Jessica Smith-Perry and Carissa Gay.

## Stay updated on the latest events:

Like, follow and share content on social media!



**San Antonio**  
Chapter



